

# A QUICK GUIDE TO TAKING VELTASSA

Keep this guide handy as a reminder of how to take VELTASSA as prescribed.



## How VELTASSA works—and how it helps



In a study, up to **95% of patients** taking VELTASSA each day for a year **reached normal levels of potassium and stayed at normal levels.**

VELTASSA is a sodium-free prescription medication used to treat high potassium. VELTASSA works by binding with potassium in your gastrointestinal tract—primarily in the colon or large intestine—where excess potassium is most common. Then, both the potassium and VELTASSA pass through and are removed from your body. VELTASSA is not absorbed by your body. It is not known if VELTASSA is safe or effective in children.

## How to take VELTASSA

- VELTASSA is taken once a day with food
- VELTASSA comes in single-use packets that you mix with water
- In a small study, most people found that VELTASSA has no taste or smell
- VELTASSA can be used for up to 3 months after being taken out of refrigeration



Take VELTASSA at least **3 hours before** or at least **3 hours after** any other medicine taken by mouth

Take VELTASSA exactly as your doctor tells you to take it. Your doctor may change your dose if needed. Your doctor will check your potassium levels during treatment with VELTASSA.

### Do:

- ✓ Prepare each dose of VELTASSA separately
- ✓ Follow the diet that your doctor has prescribed for you
- ✓ Mix VELTASSA with water only

### Do Not:

- ✗ **Do not** take VELTASSA that has not been mixed with water
- ✗ **Do not** heat, microwave, or add VELTASSA to heated food or liquids
- ✗ **Do not** mix VELTASSA in a blender

You should continue taking VELTASSA as your doctor has prescribed. Don't stop taking VELTASSA until you've spoken with your doctor.

## IMPORTANT SAFETY INFORMATION

### Who should not take VELTASSA?

**Do not take VELTASSA if you** are allergic to patiomer sorbitex calcium or any of the ingredients in VELTASSA.

### What should I tell my doctor before taking VELTASSA?

**Before you take VELTASSA, tell your doctor about all of your medical conditions, including if you:**

- have problems having a bowel movement, including if you have severe constipation, a blockage (obstruction) in your bowel, or dry hard stool that will not pass out of your rectum (impaction)
- have problems with your bowels after bowel surgery

Please see additional Important Safety Information on the next page.

Please [click here](#) for full Prescribing Information or go to [www.veltassa.com/pi.pdf](http://www.veltassa.com/pi.pdf)

## How to prepare VELTASSA



**Mix:** Measure 1/3 cup of water in a measuring cup. Pour half of the water into an empty drinking glass. Pour all of the VELTASSA packet contents into the drinking glass with the water.\* Stir the mixture well.



**Add:** Pour the rest of the water from the measuring cup into the drinking glass containing the mixture. Stir the mixture well. The powder will not dissolve and the mixture will look cloudy. If the mixture is too thick, you can add more water.



**Drink:** Drink the mixture right away. If any powder is left in the glass after drinking, add more water, stir the mixture, and drink the remaining mixture right away. Repeat as needed to make sure you take your entire dose of VELTASSA.

\*You may need more than 1 packet of VELTASSA for your prescribed dose. Make sure to follow the dosing instructions prescribed by your doctor.

†The specified starting amount of water for all doses is about half of 1/3 cup. The remaining water should be added after stirring the powder in the starting amount of water.



### IMPORTANT SAFETY INFORMATION (continued)

Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

**Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins and herbal supplements.

#### What are the possible side effects of VELTASSA?

VELTASSA may cause serious side effects, including:

- **Low levels of magnesium in your blood (hypomagnesemia).** Low levels of magnesium in the blood can happen when taking VELTASSA. Your doctor will check the magnesium levels in your blood during treatment with VELTASSA and may prescribe a magnesium supplement.

**The most common side effects of VELTASSA include:** constipation, diarrhea, nausea, stomach-area (abdominal) discomfort, and gas.

Tell your doctor if you have any side effect that bothers you or does not go away.

These are not all of the possible side effects of VELTASSA. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### General information about the safe and effective use of VELTASSA

Do not take VELTASSA for a condition for which it was not prescribed. Do not give VELTASSA to other people, even if they have the same symptoms that you have. It may harm them. You can ask your doctor or pharmacist for information about VELTASSA that is written for health professionals.

**The risk information provided here is not comprehensive. To learn more, talk about VELTASSA with your healthcare provider or pharmacist. Please see full Prescribing Information at VELTASSA.com.**

For more information, visit [VELTASSA.com](http://VELTASSA.com) or call 1-844-870-7597.



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