

# A QUICK GUIDE TO TAKING VELTASSA

Keep this guide handy as a reminder of how to take VELTASSA as prescribed.



## HOW VELTASSA WORKS—AND HOW IT HELPS



In a clinical study, up to **95% of people** taking VELTASSA reduced their potassium levels and kept them normal (3.8 to <5.1 mEq/L) over time.

VELTASSA is a prescription medication used to treat high levels of potassium in your blood (hyperkalemia). VELTASSA binds to excess potassium in the colon and removes it from your body. VELTASSA is not absorbed by the body. It is not known if VELTASSA is safe and effective in children.

## HOW TO TAKE VELTASSA

- VELTASSA is taken once a day with or without food
- VELTASSA comes in single-use packets that you mix with water
- Take VELTASSA exactly as your doctor prescribes. Your doctor will check your potassium levels during treatment with VELTASSA and may change your dose, if needed
- In a study, most people found that VELTASSA has no taste or smell



Take VELTASSA at least **3 hours before** or at least **3 hours after** any other medicine taken by mouth

VELTASSA is an off-white to light brown powder. The color may vary when mixed with water.

### ✓ Do

- Prepare each dose of VELTASSA separately
- Follow the diet that your doctor has prescribed for you
- Mix VELTASSA with water only

### ✗ Don't

- **Don't** take VELTASSA that has not been mixed with water
- **Don't** heat, microwave, or add VELTASSA to heated food or liquids
- **Don't** mix VELTASSA in a blender

You should take VELTASSA as your doctor has prescribed. Don't stop taking VELTASSA unless you've spoken with your doctor.

## IMPORTANT SAFETY INFORMATION

### Who should not take VELTASSA?

**Do not take VELTASSA if you** are allergic to VELTASSA or any of its ingredients.

### What should I tell my doctor before taking VELTASSA?

**Before you take VELTASSA, tell your doctor about all of your medical conditions, including if you:**

- have problems having a bowel movement, including if you have severe constipation, a blockage (obstruction) in your bowel, or dry hard stool that will not pass out of your rectum (impaction)
- have problems with your bowels after bowel surgery

Please see additional Important Safety Information on the next page.

Please [click here](#) for full Prescribing Information or go to [www.veltassa.com/pi.pdf](http://www.veltassa.com/pi.pdf)

## HOW TO PREPARE VELTASSA



### Mix

Measure 1/3 cup of water in a measuring cup. Pour half of the water into an empty drinking glass. Pour all of the VELTASSA packet contents into the drinking glass with water.\* Stir the mixture well.

\*You may need more than 1 packet of VELTASSA for your prescribed dose. Make sure to follow the dosing instructions prescribed by your doctor.



The recommended **minimum** amount of water for VELTASSA dose preparation is **1/3 cup (about 3 oz.)**†

†The specified starting amount of water for all doses is about half of 1/3 cup. The remaining water should be added after stirring the powder in the starting amount of water.



### Add

Pour the rest of the water from the measuring cup into the drinking glass containing the mixture. Stir the mixture well. The powder will not dissolve and the mixture will look cloudy. If the mixture is too thick, you can add more water.



### Drink

Drink the mixture right away. If any powder is left in the glass after drinking, add more water, stir the mixture, and drink the remaining mixture right away. Repeat as needed to make sure you take your entire dose of VELTASSA.

## IMPORTANT SAFETY INFORMATION (continued)

### What should I tell my doctor before taking VELTASSA? (continued)

Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine. **Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

### What are the possible side effects of VELTASSA?

VELTASSA may cause serious side effects, including:

- **Low levels of magnesium in your blood (hypomagnesemia).** Low levels of magnesium in the blood can happen when taking VELTASSA. Your doctor will check the magnesium levels in your blood during treatment with VELTASSA and may prescribe a magnesium supplement.

**The most common side effects of VELTASSA include:** constipation, low levels of magnesium, diarrhea, nausea, stomach-area (abdominal) discomfort, and gas.

Tell your doctor if you have any side effect that bothers you or does not go away. These are not all of the possible side effects of VELTASSA. You may report side effects to FDA at 1-800-FDA-1088.

**The risk information provided here is not comprehensive and does not take the place of talking with your doctor about your medical condition or treatment.** To learn more about VELTASSA, talk with your healthcare provider or pharmacist.

Please [click here](#) for full Prescribing Information or go to [www.veltassa.com/pi.pdf](http://www.veltassa.com/pi.pdf)